

## Unit 1 Review

1. Draw circles around the food.

**PROTEINS - RED**

**FATS - ORANGE**

**MINERALS - YELLOW**

**CARBOHYDRATES - GREY**

**VITAMINS - GREEN**



2. Complete the sentences with these words.

to be healthy

to grow

to have strong bones and teeth

to store energy

to get energy

We need vitamins \_\_\_\_\_

We need minerals \_\_\_\_\_

We need proteins \_\_\_\_\_

We need fats \_\_\_\_\_

We need carbohydrates \_\_\_\_\_

3. Complete the sentences. (nuts, vegetables, dairy, fruit, pulses, cereals)

Milk, yogurt and cheese are d\_\_\_\_\_ products.

Peas and lentils are p\_\_\_\_\_.

Peanuts and walnuts are n\_\_\_\_\_.

Carrots, lettuce and broccoli are v\_\_\_\_\_.

Cherries, grapes and apples are f\_\_\_\_\_.

Bread, flour, rice and pasta are c\_\_\_\_\_.

4. Write the correct system. Colour the digestive system.

mouth - pink

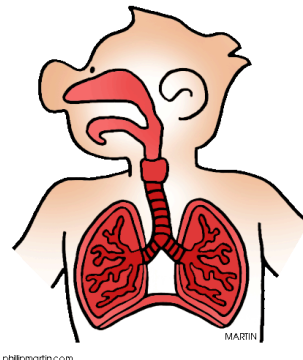
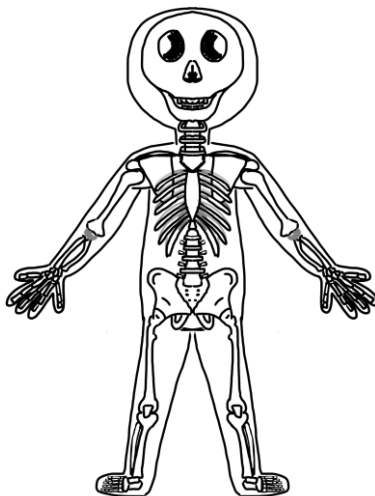
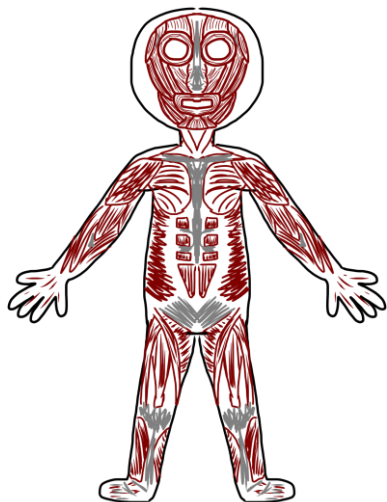
gullet - purple

stomach - green

small intestine - orange

orange

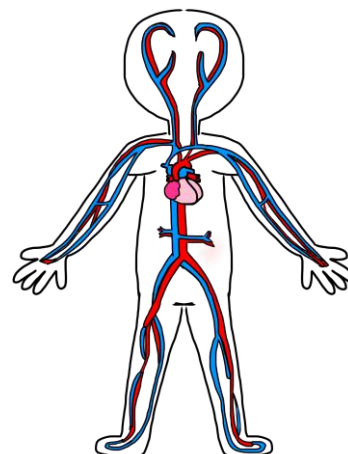
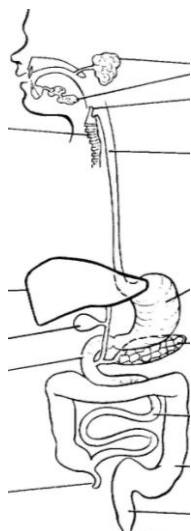
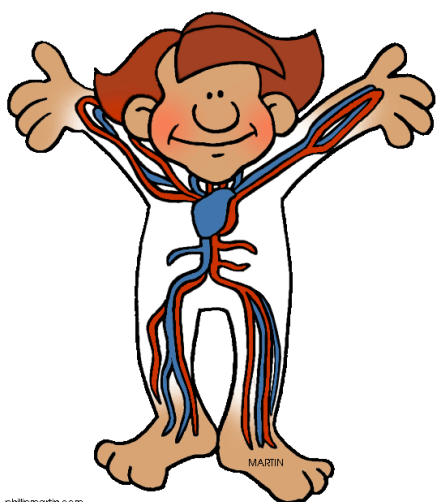
large intestine - blue



\_\_\_\_\_ system

\_\_\_\_\_ system

\_\_\_\_\_ system



\_\_\_\_\_ system

\_\_\_\_\_ system

\_\_\_\_\_ system

5. Tick the correct sentences.

We need the oxygen from the air to live. \_\_\_\_\_

Oxygen passes into the blood in the nose. \_\_\_\_\_

Blood vessels carry blood to all parts of the body. \_\_\_\_\_

Bones are flexible and elastic. \_\_\_\_\_

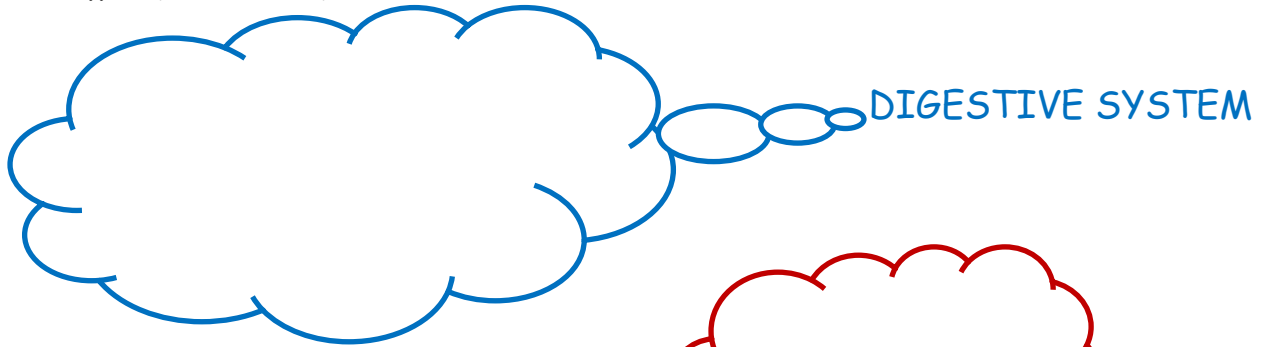
Muscles are flexible and elastic. \_\_\_\_\_

Bones are hard and rigid. \_\_\_\_\_

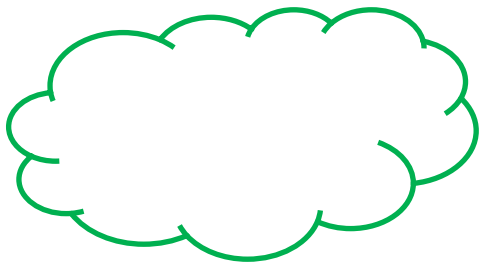
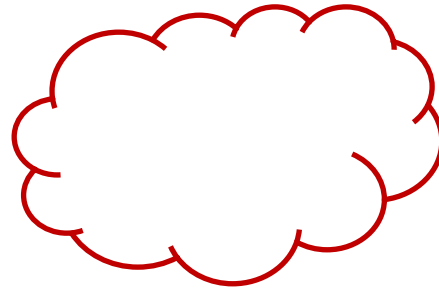
Muscles help move the bones. \_\_\_\_\_

6. Write these words into the clouds.

mouth    heart    blood vessels    lungs    gullet    bones  
muscles    skeleton    small intestine    large intestine    windpipe  
stomach    bronchi    nose

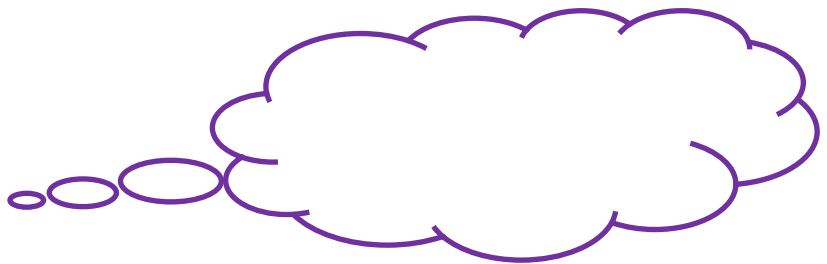


CIRCULATORY SYSTEM



RESPIRATORY SYSTEM

LOCOMOTOR SYSTEM



7. Draw an arrow (→) to the right option.

The teeth chew the food in the

• gullet

The chewed food goes down the

• stomach

Nutrients pass into the blood in the

• mouth

Solid waste forms in the

• small intestine

The chewed food mixes with gastric juices in the

• large intestine

Bones form the

• bones

They support the body

• skeleton